



# An Open Letter to the Orange County Community

Powered by the science of a world-class research university

## To those who live in, work in and visit Orange County:

As leaders of the region's only combined academic research university and medical center, we want to assure you that UCI is dedicated to your health and lifelong well-being in the face of the coronavirus pandemic.

At UCI Health, we not only practice medicine; we create it. On any given day, UCI provides world-class education, research and healthcare to more than 50,000 people – the population of a midsized city. It is with this expertise that we are addressing the urgent need for medical services while getting ahead of the spread of disease with new research and education dedicated to keeping you, your loved ones and the community healthy for the long term. And as a member of the University of California health system, UCI gives you access to the finest academic health system in the world.

### Accelerating Research

A team of UCI researchers is already working on a COVID-19 therapeutic drug study. Backed by the National Institutes of Health, this clinical trial is considered the first that has possible efficacy and should be ready for patients soon. Other university work is underway to develop tests, treatments and vaccines to help us identify, contain and prevent pandemics.

### Wellness Through Integration

No other local health system combines sophisticated clinical expertise in treating illness and keeping people healthy with the research and education designed to prevent disease and train tomorrow's health professionals. UCI Health and the Susan and Henry Samueli College of Health Sciences integrate seamlessly, combining discovery, teaching and healing to keep our community well. Our public health program has taken the lead in educating about prevention and containment. Its tips are included here and at our information hub, [uci.edu/coronavirus](http://uci.edu/coronavirus).

### Partnering for the Greater Good

Since the day this virus was first recognized, UCI Health researchers and medical experts have worked closely with other hospitals and healthcare providers – regionally and across the nation – sharing best practices while staying current with the latest information, treatments and tools. The medical community is pulling together, with UCI Health at the nexus, and Orange County is safer for it.

We are fortunate to have one of the world's finest academic and medical institutions in our backyard, ready to protect the community with the best medical professionals, educators and researchers. Together with our partners throughout the University of California, we stand ready to serve.

## To your health and wellness,

Chancellor Howard Gillman

Larry Anstine,  
Interim CEO,  
UCI Health System

Dr. Jan Hirsch,  
Dean,  
UCI Pharmaceutical Sciences

Dr. Adey Nyamathi,  
Dean, UCI Sue & Bill Gross  
School of Nursing

Dr. Steven Goldstein,  
UCI Vice Chancellor  
for Health Affairs

Dr. Bernadette Boden-Albala,  
Dean, UCI Program  
in Public Health

Dr. Shaista Malik,  
Associate Vice Chancellor,  
Integrative Health

Dr. Michael Stamos,  
Dean, UCI School of  
Medicine

## HELPFUL TIPS

### PRACTICE SOCIAL DISTANCING



No gatherings



Telecommute  
and arrange  
virtual  
meetings



Stay at least  
6 feet apart

### SYMPTOMS OF COVID-19



Coughing



Fever



Shortness of  
Breath

### IF YOU HAVE OR SUSPECT YOU HAVE COVID-19



If you are sick,  
stay home,  
do not travel  
and call ahead  
before visiting  
your doctor



Cover your  
coughs and  
sneezes with  
your elbow



Wash your  
hands with  
soap and  
water often  
or use hand  
sanitizer that  
contains at least  
60% alcohol



Wear a  
facemask  
(unless it  
causes trouble  
breathing)



Separate  
yourself from  
other people  
and animals in  
your home



Avoid sharing  
personal  
household  
items



Clean and  
disinfect  
all high-touch  
surfaces often